RIVER TRIP LEADER TRAINING PERSONAL EQUIPMENT LIST

You must bring a 5 gallon plastic bucket to camp and pack everything from the required list in the 5 gallon bucket. If you have room in your bucket you may pack additional items from the "optional" list below.

- 1. 5 gallon plastic bucket with a lid. (paint, drywall mud, cafeteria food, etc...)
- 2. Required equipment list:

Clothing

One pair of clothing will be worn on the river each day.

The other is for at camp each evening.

- 2 short sleeved shirts (no tank tops or sleeveless shirts)
- 2 pair long jeans (no shorts or swim trunks on the river)
- 2 pair shoes (1 pair for river and the other for camp, no sandals for the river)

2 pair socks two pair underwear 1 hat or cap

Personal items

Soap1 towelToothbrushToothpasteCombSunscreen

Razor Deodorant Personal medication

Shampoo Eye glasses with strap

Equipment

Bed roll Compass Drinking cup
Mess kit Pocket knife Flashlight/batteries

Personal first aid kit Bible Tent

Ground cloth Metal eating utensils Notebook/pencil or pen Campcraft Manual

3. Optional equipment list:

Sleeping bag Air mattress Lantern/fuel Camera/film Tarp matches
Poncho or rain coat Sleeping pad Sun Glasses
Foot/body powder Insect repellant Bath Cloth

Bandana